



8天  
7晚

# 魅力云南

TOUR CODE: : 8DKMG-S2

系列二

昆明 / 大理 / 丽江 / 香格里拉

当地酒店  
5★



松赞林寺  
Song Zan Lin Temple



纳帕海  
Napa Lake



金碧坊  
Jinbifang



紫溪彝村  
Zixi Yi Village

全程无购物

赠送

《印象·丽江》现场实景演绎，  
领悟生命的真实与震撼

行程特点

- 松赞林寺  
【拉姆央措湖栈道观寺庙全景，  
拍网红倒映大片】
- 纳帕海  
【网红打卡水上公路+休闲咖啡  
+观景大平台】
- 石林风景区【电瓶车】

特点美食

- 过桥米线+ 汽锅鸡风味+ 马帮菜
- 野生菌火锅+ 藏家酥油茶+ 云南人家九歌寨

## 第一天 吉隆坡 / 昆明 / 宜良 (1小时) 机上用餐 / 晚

集合于吉隆坡国际机场，乘搭国际航班飞往昆明，抵达后，有专人接待前往宜良。晚餐后，入住酒店休息。

酒店: 华美达酒店或同级 5\*

## 第二天 宜良 / 石林 (30分钟) / 楚雄 (3小时) 早 / 午 / 晚

**石林风景区【含电瓶车】**林内面积三百余平方公里，奇峰壁立，千姿百态，如笋似剑，有的巨石欲坠，有的酷似动物形象，奇妙景观层出不穷。接着驱车前往游览**紫溪彝村【彝族长街宴+彝族迎宾拦路酒，篝火打跳】**

酒店: 维也纳国际酒店或同级 5\*

## 第三天 楚雄 / 香格里拉 (6.5小时) 早 / 午 / 晚

**长江第一湾【含车游】**从“世界屋脊”——青藏高原奔腾而下，巴塘县城境内进入云南，与澜沧江、怒江一起在横断山脉的高山深谷中穿行形成了“三江并流”的壮丽景观。**虎跳峡**-全长约69公里，分成上虎跳、中虎跳、下虎跳三段，始于金沙江及其支流硕多岗河汇合处，即中甸县桥头镇一带；止于玉龙县大具乡一带。接着游览**独克宗古城**是中国保存得最好、最大的藏民居群。**龟山公园**建立于康熙年间，此园依山而建，山顶是朝阳楼，高三层，登上楼顶，日月城尽收眼底。山脚下是可供全镇人饮用的古井，清冽甘甜。**转经筒**，为公园里最具特色的建筑。

酒店: 天界神川酒店或同级 5\*

## 第四天 香格里拉 / 丽江 (2.5小时) 早 / 午 / 晚

**松赞林寺**是云南省规模最大的藏传佛教寺院，也是康区有名的大寺院之一，还是川滇一带的黄教中心，在整个藏区都有着举足轻重的地位，被誉为“小布达拉宫”。**纳帕海**自然保护区周边也坐落着诸多美景佳地，巍峨壮阔的辛雅拉雪山就在一旁矗立着，而这里的草原更是辽阔无际，仿佛与群湖连成一体，颇显壮观。接着游览丽江古城中心的**四方街**，以五彩石铺地，平坦洁净。之后驱车前往**黑龙潭公园**，又名玉泉公园。

酒店: 祥和一号酒店或同级 5\*

## 第五天 丽江 早 / 午 / 晚

**玉龙雪山风景区冰川公园【区间车+大索道往返】**位于云南省丽江市，别称玉龙，是国家首批5A级旅游景区，是国家级冰川地质公园。面积为415平方公里，主峰扇子陡海拔5596米。从雪山下来后前往游览纳西族的爱情之河**白水河风景区及蓝月谷**→【含电瓶车】。途径**甘海子**，这里草木掩映，一片高原牧场风光。接着**玉水寨观赏印象丽江【赠送】巨型歌舞秀【需视天气而定】**。接着游览**玉水寨**是云南纳西族东巴教的圣地，亦是丽江泉水源头所在，纳西族及东巴文化，祖先的由来及万物皆神的想法，体验【东巴祈福+学写东巴字+象形文字T恤DIY】。

酒店: 祥和一号酒店或同级 5\*

## 第六天 丽江 / 大理 (2.5小时) 早 / 午 / 晚

驱车前往大理参观**喜洲白族民居**，品尝别具一格的**【白族三道茶】**。三道茶是云南白族招待贵宾时的一种饮茶方式。接着游览**洱海生态廊道，洱海东岸，小普陀**可以说是“袖珍小岛”。**理想邦**坐落十几家酒店，被誉为**中国版的圣托里尼**，这里成为了游人打卡拍照，还可以**品尝精美下午茶**以及欣赏**洱海风光**。大理古城**洋人街【不含电瓶车】**，洋人街原名护国路，意为中华民国初期云南人民反对袁世凯称帝，起兵护国从而得名。

(10月28号之后出发的团，花语牧场换去洱海生态廊道)

酒店: 三塔苑酒店或同级 5\*

## 第七天 大理 / 昆明 (4.5小时) 早 / 午 / 晚

前往**西寺塔**又名慧光寺塔，与东寺塔对峙一起经历昆明风雨“双塔烟雨”成为明清时的“昆明八景”之一。接着游览**金碧坊**，具有昆明民俗特色。然后游览**近日楼**，被老昆明人誉为“接近太阳的高楼”，是昆明的南大门，又名为丽正门。继续逛**南屏步行街**是昆明历史上的老街区，也是昆明市古老的商业街。**云南人家【原生态民族菜、原生态民族表演、私家民族博物馆】**

酒店: 维居金鹰酒店或同级 5\*

## 第八天 昆明 / 吉隆坡 早 / 午 / 机上用餐

**翠湖**位于云南昆明市区中心地带偏西北的一个湖泊，现在是一个公园。因其八面水翠，四季竹翠，春夏柳翠，故称“翠湖”。

**陆军讲武堂**是中国近代史上上一所著名的军事院校，原系清朝为编练新式陆军，加强边防而设的一所军事学校。

最后前往机场，乘搭国际航班返回温馨家园。

\* 倘若原定的景点不对外开放，将由其他景点取代

\* 以上的景点先后顺序可根据具体的情况有所调整。 \* 在主要节日，商业展览，旅游旺季期间，住宿酒店可能需要安排在另一个城市。

联络方式:

价格:

出发日期:



8<sup>D</sup>  
7<sup>N</sup>

# CHARMING YUNNAN

TOUR CODE: : 8DKMG-S2

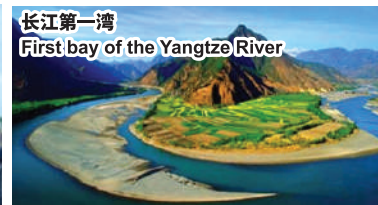
📍 Kunming / Dali / Lijiang / Shangri-La

S2

Local Hotel  
5★



石林风景区  
Stone Forest Scenic Area



长江第一湾  
First bay of the Yangtze River



黑龙潭公园  
Black Dragon Pool



印象丽江  
Impression Lijiang

**NO SHOPPING TOUR**

Impression Lijiang **FREE**

**Highlights :**

- SongZanLin Temple ( Panoramic view of the temple on the plank road of Lamu Yangcuo Lake, famous hotspot )
- \* Napa Lake (famous hotspot , leisure coffee , large viewing platform )
- \* Stone Forest Scenic Area (include Buggy)

**Meal Highlights :**

- Cross Bridge Rice Noodles + Steam Chicken |
- Caravan Cuisine |
- Wild Mushroom Hot Pot |
- Tibetan Butter Tea |
- Yunnan Flavour

**Day 1** KUALA LUMPUR / KUNMING / YILIANG (1HR) MOB / D

Assemble at Kuala Lumpur International Airport for your departure flight to Kunming. Upon arrival, transfer to Yiliang.  
Hotel : Ramada Hotel or similar 5\*

**Day 2** YILIANG / STONE FOREST (30MIN) B / L / D  
/ CHUXIONG (3H)

**Stone Forest Scenic Area (include buggy)** The area of the forest is more than 300 square kilometers, with strange peaks standing on walls, in various poses, like bamboo shoots like swords, some boulders are about to fall, some resemble animal images, and wonderful landscapes emerge in endlessly. Then visit to **Zixi Yi Village** (Zi Nationality Long Street Banquet, Yi Nationality Welcome, Campfire Dancing).  
Hotel : Vienna International Hotel or similar 5\*

**Day 3** CHUXIONG / SHANGRI-LA (6.5 HRS) B / L / D

**First bay of the Yangtze River (Drive pass)** from the "roof of the world" - the Qinghai-Tibet Plateau rushing down, Batang County enters Yunnan, and together with the Lancang River and Nujiang River, travels through the high mountains and deep valleys of the Hengduan Mountains to form a magnificent landscape of "three parallel rivers". **Tiger Leaping Gorge** - Is a scenic canyon on the Jinsha River, a primary tributary of the upper Yangtze River. It is located 60 kilometres north of Lijiang City, Yunnan in southwestern China. **Dukezong Ancient Town** It is the best preserved in China, the largest Tibetan population. **Guishan Park** was established in the reign of Emperor Kangxi. **Prayer wheel**, It is the most distinctive building in the park.  
Hotel : Paradise Hotel or similar 5\*

**Day 4** SHANGRI-LA / LIJIANG (2.5 HRS) B / L / D

**SongZanLin Temple** is the largest Tibetan Buddhist Temple in Yunnan Province, and one of the famous monasteries in Kham. It is also the center of the Yellow Sect in Sichuan and Yunnan. palace". **Napa Lake**, you will see the white snow piled up on the strange peaks and mountains here, and many rivers such as the winding Naqu River and Naizi River are slowly pouring into the mighty Napa Sea. The ancient city of Lijiang was listed as a world cultural heritage by UNESCO in 1997. Then visit **Sifang Street** in the center of Lijiang ancient city, paved with colorful stones, flat and clean. Then visit to **Black Dragon Pool (Heilongtan Park)**, also known as Yuquan Park.  
Hotel : XiangHe YiHao Hotel or similar 5\*

**Day 5** LIJIANG B / L / D

**Jade Dragon Snow Mountain (Include 2 way cable car)** - Being a famous snow mountain in China, the sacred and magnificent Jade Dragon Snow Mountain in Lijiang, Yunnan, rising up to 5596 meters above the sea, is covered by snow all year round, which makes it a tourist place for sightseeing, climbing, hiking, etc. The visit to **Bai Shui River Scenic Area**, the River of Love of the Naxi people, and the **Blue Moon Valley (included Buggy)**. Pass by the **Ganhaizi**. Then visit Yushui Village to watch **Impression Lijiang (FREE) (Depending on the weather)**. **Yushui Village**, which is the holy place of the Naxi Dongba religion in Yunnan. It is also the source of Lijiang spring water, Naxi people and Dongba culture, the origin of ancestors and the idea that all things are gods, experience [Dongba blessing+Learn to write Dongba characters + hieroglyph T-shirt DIY].  
Hotel : XiangHe YiHao Hotel or similar 5\*

**Day 6** LIJIANG / DALI (2.5 HRS) B / L / D

**BaiZhu Three Course Tea Performance**, is a way of drinking tea when the Bai people in Yunnan entertain VIPs, and it belongs to the category of tea culture etiquette. Visit **Erhai Ecological Corrido**. Visit the east coast of **Erhai Lake**, **Little Putuo** can be called a "miniature island". **Ideal State** located in more than a dozen hotels, known as the **Chinese of Santorini**. It has become the darling of tourists to check in and take photo, **Enjoy Afternoon Tea** and enjoy the scenery of **Erhai Lake**. Visit to **Dali Ancient Town (Exclude Buggy)**- Foreigner Street.  
(Tour departure after 28 Oct, Flower Ranch change to Erhai Ecological Corrido)  
Hotel : Santa Yuan Hotel or similar 5\*

**Day 7** DALI / KUNMING (4.5 HRS) B / L / D

Visit to **The West Temple Pagoda**. Then visit to **Jinbifang**, It has the characteristics of Kunming folk customs, carved beams and painted buildings, and is exquisite. The east square is adjacent to Jinma Mountain and is named Jinmafang, and the west square is named Bijifang because it is close to Jishan Mountain. Then visit the **Jinri Building**, which is called "the tall building close to the sun" by the old Kunming people. It is the south gate of Kunming, also known as the Lizheng Gate. Continue to shopping **Nanping Walking street**. **Yunnan Family** [Original Ethnic Cuisine, Original Ethnic Performance, Private Ethnic Museum]  
Hotel : Weicasa Golden Eagle Hotel or similar 5\*

**Day 8** KUNMING / KUALA LUMPUR B / L / MOB

**Green Lake**, located in the northwest of the downtown area of Kunming, Yunnan. Visit to **Army Lecture Hall**, it is a well-known military academy in the modern history of China. Finally, transfer to airport for return flight back to Kuala Lumpur with sweet memories.

\* If a place of visit is closed to visitors, it will be replaced with an alternative. \* The itinerary are subject to the final discretion of the local land operator.  
\* During major events / trade shows / peak season, accommodation may not be in the city mentioned .

Contact :

Price :

Departure Date :